

# Sadowski, Julia

5821 Kalgin Drive, Anchorage, AK 99516

Phone: 907-244-7424

E-mail: [julia.sadowski@providence.org](mailto:julia.sadowski@providence.org)

## Education

2010 Master of Science in Nursing, University of South Alabama

2002 Bachelor of Science in Nursing, University of Alaska

1996 Bachelor of Arts, Anthropology and Biology

## Work Experience

**Clinical Nurse Specialist** March 2011 – current

Providence Alaska Medical Center, Medical Surgical Division, Anchorage, AK

- Leads the advancement of nursing by integrating evidence into practice to achieve defined patient outcomes.
- Serves as expert consultant for nurses and other disciplines on acute care patients in the Medical Surgical division.
- Partners with interdisciplinary teams across the patient, nurse, and system spheres of influence to prevent hospital acquired infections and conditions.
- Assists staff in the development of innovative, cost-effective programs and protocols of care.

**Clinical Nurse Educator** November 2006 – March 2011

Providence Alaska Medical Center, 5N Medical Oncology, Anchorage, AK

- Assessed educational needs of clinical staff and developed and implemented unit-based education.
- Partnered with unit leadership to meet unit clinical goals.
- Assisted in the implementation and improvement of hospital electronic medical record.

**Registered Nurse** February 2002 – November 2006

Providence Alaska Medical Center, 5N Medical Oncology, Anchorage, AK

- Assessed, planned, provided, and evaluated nursing care of adult medical-oncology patients.

**Diabetes Nurse Educator** June 2004 – July 2005

Anchorage Neighborhood Health Clinic, Anchorage, AK

- Co-implemented a grant-based Community Diabetes Education program for Korean, Samoan, and Filipino communities in Anchorage.

**Diabetes Nurse Educator** June 2002 – June 2005

Providence Diabetes and Nutrition Center, Anchorage, AK

- Educated patients and families on diabetes self-management in the inpatient and outpatient settings.

**Alaska Sightseeing/Cruise West** Summers 1993 – 1998  
Ketchikan, Juneau, Denali, and Petersburg, Alaska  
Tour guide, Operations Lead, Petersburg Division Manager

### **Certifications**

- ▶ ACNS-BC Adult Clinical Nurse Specialist-Board Certified
- ▶ CMSRN Certified Medical Surgical Registered Nurse
- ▶ CDCES Certified Diabetes Educator
- ▶ WCC Wound Care Certified

### **Skills**

- ▶ ELNEC, End of Life Nursing Education Consortium training
- ▶ Public speaking
- ▶ Team development
- ▶ Motivational interviewing
- ▶ Change management
- ▶ Staff development
- ▶ Microsoft Outlook, Word, and PowerPoint

### **Professional Licenses**

- ▶ Advanced Practice Registered Nurse, Adult Health Clinical Nurse Specialist, State of Alaska, NURU1540
- ▶ Registered Nurse, State of Alaska, NURR21755

### **Awards**

- ▶ Providence Mission Spirit Award, 2011
- ▶ March of Dimes, Advanced Practice Nurse of the Year, 2016

